Screening for Benign Prostatic Hyperplasia (BPH)

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En Español (Spanish Version)

The purpose of screening is early diagnosis and treatment. Screening tests are usually administered to people without current symptoms, but who may be at high risk for certain diseases or conditions.

Screening Tests

The digital rectal exam can detect **BPH**. This involves your doctor inserting a gloved finger into the lower rectum. From here, your doctor can estimate the size of your prostate, identify some (but not all) cancers, and find anal diseases.

Many men are also found to have BPH when they undergo evaluation for an elevated **prostate specific antigen** (PSA). Although PSA testing is done to screen for **prostate cancer** and not BPH, an elevated PSA level is most commonly due to BPH.

Screening Guidelines

There are no guidelines for screening for BPH.

REFERENCES:


