Treatments for Cirrhosis

by Alayne Ronnenberg, ScD

En Español (Spanish Version)

Because cirrhosis cannot be cured, treatment focuses on preventing further liver damage, easing symptoms, and reducing the impact of complications. The liver is a large organ and is able to perform many of its vital functions despite some damage. It also has the ability to repair itself provided that the injury is not too severe. Removing the causes of cirrhosis increases your chances of recovering and carrying on a more normal life.

Treatment involves the following:

Lifestyle changes
Medications
Surgery
Alternative and complementary therapies

REFERENCES:


Last reviewed September 2011 by Lawrence Frisch, MD, MPH
Last Updated: 9/20/2011