Symptoms of End-stage Renal Disease (ESRD)

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En Español (Spanish Version)

The Kidney and Its Main Blood Vessels

As kidney failure progresses, some or all of the following signs and symptoms may develop:

- Loss of appetite
- Nausea
- Vomiting
- Fatigue
- Weight loss
- Itchy skin
- Confusion
- Trouble concentrating
- Swelling throughout the body
- Low urine output
- Generalized weakness
- Multiple bruises
- Frequent infections
- Numbness and tingling in the extremities
- Irritability
- Decreased libido
- Menstrual irregularities
- Constipation
- Diarrhea
- Muscle cramps and twitches
- Shortness of breath

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• Pericarditis
• High blood pressure
• Weak, brittle bones
• Yellowish-brownish skin tone
• Easy bruising of the skin
• Headache
• Frequent hiccups

If kidney failure is untreated, the accumulated waste products and fluid can result in:

• Coma
• Seizures
• Death

REFERENCES:


Yu HT. Progression of Chronic Renal Failure Arch Int Med. 2003;163:1417-1429.

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