Treatments for Infertility in Men

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En Español (Spanish Version)

The treatment and management of infertility in men will depend on the underlying cause or causes of the infertility. Treatment will focus on correcting any structural or hormonal abnormalities that may be influencing infertility. This may be accomplished through medications or surgery. Lifestyle changes and other treatments, such as assisted reproductive technologies (ART) may be used to enhance semen quality and increase the likelihood of fertilization.

The ultimate goal of infertility treatment is a pregnancy ending in the birth of a healthy baby. Infertility treatments can be lengthy and expensive. They are not always covered by medical insurance, and they are not always successful.

Treatment involves the following:

- Lifestyle changes
- Medications
- Surgery
- Alternative and complementary therapies
- Other treatments

REFERENCES:


American Society for Reproductive Medicine website. Available at: http://www.asrm.org/.


