Reducing Your Risk of Systemic Lupus Erythematosus

by Ricker Polsdorfer, MD

En Español (Spanish Version)

There are no guidelines for the prevention of lupus because the cause is unknown. In addition, the only known risk factors are things that you cannot control: gender, age, and ethnic background.

REFERENCES:


Last reviewed September 2011 by Rosalyn Carson-DeWitt, MD
Last Updated: 9/1/2011