

## Resource Guide for Menopause

by [Amy Scholten, MPH](#)

### AMERICAN CONGRESS OF OBSTETRICIANS AND GYNECOLOGISTS:

**Address:**

409 12th Street, SW  
PO Box 96920  
Washington, DC 20090-6920

**Phone:**

1-202-638-5577

**Internet Address:**

<http://www.acog.com>

**Description of Services Provided:**

This website provides information for consumers and professionals on women's health and reproductive issues, including patient education, news releases, and a bookstore.

### THE NATIONAL WOMEN'S HEALTH INFORMATION CENTER:

**Phone:**

1-800-994-9662

**Email Form:**

<http://www.4woman.org/contact/faq.cfm>

**Internet Address:**

<http://www.4woman.org>

**Description of Services Provided:**

This website provides articles, new releases, fact sheets, and press releases, as well as referral for consumers and professionals on a variety of women's health issues.

### THE NORTH AMERICAN MENOPAUSE SOCIETY:

**Address:**

PO Box 94527  
Cleveland, OH 44101

**Phone:**

1-440-422-7550

**Internet Address:**

<http://www.menopause.org>

**Description of Services Provided:**

This website provides information for consumers and professionals on perimenopause, early menopause, menopausal symptoms, long-term effects of estrogen loss, and a wide variety of therapies to enhance health.

[Previous](#)

---

Last reviewed September 2011 by Ganson Purcell Jr., MD, FACOG, FACPE  
Last Updated: 9/1/2011