Treatments for Peptic Ulcer Disease

by Rosalyn Carson-DeWitt, MD

En Español (Spanish Version)

The treatment and management of peptic ulcers involves lifestyle changes, medications, alternative and complementary therapies, and surgery. The goals of treatment include:

- Elimination of *H. pylori* infection
- Treating excess bleeding
- Promoting healing of the ulcer
- Relieving pain and discomfort
- Avoiding the development of complications (such as perforation, obstruction, gastric cancer)
- Preventing ulcer recurrence

Treatment may involve the following:

- **Lifestyle changes**
- **Medications**
- **Alternative and complementary therapies**
- **Surgery**

**REFERENCES:**


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