Symptoms of Rheumatoid Arthritis

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En Español (Spanish Version)

Joint symptoms usually involve three or more joints. The most commonly affected joints are the wrists, fingers, knees, feet, and ankles.

Inflamed Joint

Joint symptoms include:

- Increased pain and stiffness in the morning and after inactivity
- Morning stiffness and pain that lasts more than 30 minutes
- Pain and stiffness symmetrically (that is, both feet or both hands are affected, as opposed to only one)
- Red, swollen, warm joints
- Deformed, misshapen joints

Other symptoms of rheumatoid arthritis include:

- Intense fatigue, decreased energy
- Muscle aches
- Decreased appetite
- Weight loss
- Fever and sweats
- Depression
- Problems sleeping
- Anemia
- Bumps occurring under the skin (rheumatoid nodules)
- Inflamed blood vessels
- Bleeding stomach ulcers
- Inflammation of the heart’s sac (pericarditis)
- Inflammation of the heart muscle (myocarditis)
- Lung problems
- Eye problems
REFERENCES:

Arthritis Foundation website. Available at: http://www.arthritis.org/.


National Institute of Arthritis and Musculoskeletal and Skin Diseases website. Available at: http://www.arthritis.org/.

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