Treatments for Sinusitis

by Rosalyn Carson-DeWitt, MD

En Español (Spanish Version)

The goals of treating sinusitis include:

- Relieving your discomfort
- Opening up your nasal passages
- Curing the infection
- Preventing complications
- Preventing recurrence

Treatment involves the following:

- Lifestyle changes
- Medications
- Surgery
- Other treatments

REFERENCES:


Last reviewed September 2011 by Elie Edmond Rebeiz, MD, FACS
Last Updated: 9/1/2011