Screening for Sleep Apnea

by Rosalyn Carson-DeWitt, MD

En Español (Spanish Version)

The purpose of screening is early diagnosis and treatment. Screening tests are usually administered to people without current symptoms, but who may be at high risk for certain diseases or conditions.

Your doctor may give you a test, such as the Berlin Questionnaire or the Epworth sleepiness scale, to gain information about your symptoms. The American Academy of Pediatrics recommends that children are screened for sleep apnea by asking about snoring.

REFERENCES:


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