Treatments for Sleep Apnea

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En Español (Spanish Version)

The goal of treatment for sleep apnea is to decrease the frequency or completely eliminate episodes of breathing interruption.

Treatment may involve the following:

Lifestyle changes
Surgery
Other treatments

A number of drugs have been investigated for use in treating sleep apnea. Modafinil (Provigil) has been used to reduce sleepiness in people with daytime sleepiness. Omeprazole (Prilosec) is another medication that has been used to reduce the number of apnea attacks.

REFERENCES:


