Screening for Testicular Cancer

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En Español (Spanish Version)

The purpose of screening is early diagnosis and treatment. Screening tests are usually administered to people without current symptoms, but who may be at risk for certain diseases or conditions.

Screening Guidelines

The United States Preventive Services Task Force (USPSTF) does not recommend regular screening by a doctor or self-screening in men who do not have any symptoms. However, the American Cancer Society recommends that a testicular exam should be done by your doctor at your routine cancer-related check-ups. No studies have been done that look at the benefit or harm of screening for testicular cancer. Discuss screening with your doctor, especially if you are at high risk for testicular cancer.

Keep in mind that if you notice any symptoms of testicular cancer, such as a lump or swelling in the testicles, it is important that you see your doctor for an evaluation.

REFERENCES:


