Symptoms of Temporomandibular Disorders (TMD)

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En Español (Spanish Version)

Symptoms of TMD may occur in the head, neck, and shoulders.

Temporomandibular Joint : Areas of Pain

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A number of symptoms may suggest TMD, including the following:

- Pain in the temporomandibular joint
- Popping, clicking, or grating sounds or sensations in the temporomandibular joint while eating and/or drinking
- A sensation of the jaw “catching” or “locking” briefly, while attempting to open or close the mouth, or while chewing
- Difficulty opening the mouth completely
- Pain in the jaw
- Facial pain
- Muscle pain/spasm in the area of the temporomandibular joint
- Headache
- Ear pain
- Neck and/or shoulder pain
- Swelling on one or both sides of the face

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