Symptoms of Urinary Incontinence

by Ricker Polsdorfer, MD

En Español (Spanish Version)

Urinary incontinence is a symptom of other conditions. Any loss of voluntary bladder control can be considered incontinence.

Symptoms include:

- Leaking triggered by laughing, sneezing, lifting heavy objects, or exercise
- A strong urge to urinate followed by loss of urine
- Inability to hold urine long enough to make it to a restroom
- Difficulty initiating urination
- Straining to empty the bladder
- Decreased urinary stream or “dribbling”

REFERENCES:


Last reviewed September 2011 by Adrienne Carmack, MD
Last Updated: 9/20/2011