Treatments for Shingles

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En Español (Spanish Version)

There are no treatments to cure shingles. Rather, the goals of treatment include:

- Shortening the length of the illness
- Preventing shingles by using the shingles vaccine
- Preventing complications, such as postherpetic neuralgia
- Relieving/reducing pain and discomfort
- Preventing the rash from becoming infected

Treatment involves the following:

Lifestyle changes
Medications
Alternative and complementary therapies
Other treatments

At this time, there are no surgical procedures for the treatment of shingles.

REFERENCES:


