Screening is a way to evaluate people without symptoms to determine if they are at risk for MDS or have already developed MDS. Screening for any disease often involves:

- Assessing your medical history—This often includes a discussion of lifestyle habits that may increase your risk of having a condition like MDS.
- Having tests done to identify early signs of the condition

**Screening Guidelines**

At this time, there are no official screening guidelines for MDS. A routine yearly checkup with your doctor will usually include blood testing. If you have MDS, it will show up in the results of the blood test. Your doctor will then do further testing.

**REFERENCES:**
