Head Injury

Injury to the head is one of the most feared complications of car and bicycle accidents and other forms of trauma, because it can lead to temporary or permanent impairment of brain function. In many cases, complete recovery does occur, but only after many months or even years. In other cases, deficits continue for the rest of the injured person’s life, despite intensive therapy.

Note: In no case should homeopathic remedies be relied upon as the sole treatment for head injury. Physician evaluation is essential.

Scientific Evaluations of Homeopathic Remedies for Head Injury

A 4-month, double-blind, placebo-controlled pilot study of 50 people evaluated the effects of a constitutional homeopathic remedy in the treatment of mild head injury. The results, however, were not impressive.

The investigators recruited the participants from a clinic that specializes in treatment of head injuries. All participants were evaluated according to classical homeopathic principles, and assigned an individualized remedy at 200c potency. Then, half were randomly assigned to received placebo instead of the prescribed remedy. However, after 4 months of treatment, most of the assessment techniques used to evaluate rate of recovery failed to indicate any benefits in the treated group as compared to the placebo group.

Traditional Homeopathic Treatments for Head Injury

In classical homeopathy, there are many possible homeopathic treatments for head injury, to be chosen based on various specific details of the person seeking treatment.

The homeopathic remedy Arnica is commonly utilized for any form of trauma, including concussion and head injury.

Natrum Sulph may be used when head injury is accompanied by difficulty breathing.

For a thorough explanation of homeopathy, including dilution of therapies, see the Homeopathy Overview.

References [+]