Numerous conditions of relevance to women are discussed in this database. Below, we list those that conventionally fall in the area of Women’s Health.

Reproductive-age Women

According to a recent review, reasonably good evidence suggests that natural treatments can address three conditions of concern to reproductive-age women:

- Dysmenorrhea
- Nausea of Pregnancy
- PMS

In addition, natural medicine has shown considerable promise for the following:

- Breast-feeding Support
- Chronic Venous Insufficiency (a condition related to varicose veins)
- Cyclic Breast Pain
- Pregnancy, Support

Natural therapies have also been advocated for the following conditions:

- Acne
- Amenorrhea
- Bladder Infections
- Breast Enhancement
- Brittle Nails
- Cervical Dysplasia
- Eating Disorders
- Infertility
- Rosacea
- Sexual Dysfunction
- Vaginal Infections

See also general nutritional support for information on nutrients that may be helpful for overall health.

Menopausal Women
Natural medicine has shown promise for several conditions of particular relevance to menopausal women, including:

- Aging Skin
- Bladder Infections
- Brittle Nails
- Chronic Venous Insufficiency (a condition related to varicose veins)
- Menopausal Symptoms
- Osteoporosis
- Sexual Dysfunction
- Vaginal Infections

See also General Nutritional Support for information on nutrients that may be helpful for overall health.

References [+]  