Other Treatments for Celiac Disease

by Rick Alan

En Español (Spanish Version)

For Managing Nutritional Deficiencies and Loss of Bone Mass

Nutrition and Vitamin Supplements

Nutrition and vitamin supplements are sometimes necessary when:

- Intestinal damage is severe
- Intestinal damage does not heal rapidly

In cases of severe malnutrition, supplemental nutrition may be needed intravenously for a short period of time to restore your nutritional deficiencies and help prevent more serious complications from celiac disease. This is called parenteral nutrition.

Also, vitamin and mineral supplements may be necessary. A calcium supplement can help preserve bone density, while other nutrients can help correct deficiencies. Ask your doctor if you need to take vitamin and/or mineral supplements.

REFERENCES:


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