Treatments for Stroke

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En Español (Spanish Version)

The treatment and management of stroke involves enormous commitments of time and personnel. After procedures and medicine, the focus of treatment shifts to rehabilitation.

Having a stroke may dramatically change your lifestyle. But the changes are so varied that they cannot be predicted even after the acute event. You may recover completely from a stroke days, weeks, or months later. A stroke can leave you permanently impaired or the effects may be minimal. The days and weeks after your first stroke may be an entirely new world to you, a world of hard work to recover and retrain whatever functions the stroke deprived you of—speech, walking, use of an arm or leg—and to redirect your life so that you can profit most from your remaining abilities.

Treatment involves the following:

- Lifestyle changes
- Medications
- Surgery
- Other treatments—rehabilitation

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